

An anatomical illustration of the human torso, showing the ribcage, lungs, liver, and intestines. The illustration is rendered in a blue and pink color scheme, with the organs appearing to glow. The background is a dark blue gradient.

THE
MIND, BODY & SPIRIT
COLLECTION

CONTENT
FILM TELEVISION DIGITAL



Fifth Estate: Black Dawn: The Coming Pandemic

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2006

Synopsis BLACK DAWN takes you inside the nightmare scenario that governments and public health officials around the world are desperately preparing themselves for: a mass dying that might kill exponentially more than died at the height of the bubonic plague or the Spanish flu. BLACK DAWN employs all the tools of documentary and drama to paint a starkly realistic picture of life during a pandemic.



Fifth Estate: Dying To Know

Genre Current Affairs
Running Time 1 x 60 mins
Year of Production 2001

Synopsis Since the days when adoption was a family secret, adoptees have struggled to discover their ancestry. But, as the Fifth Estate shows, when the family inheritance includes a genetic disease, official secrecy can be downright dangerous. The frustration and anger of adoptees and their genetic parents is a gripping portrait of people caught in a system designed to both protect privacy and secure the health of the individual.



Growing Up Old: Progeria

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2003

Synopsis To look at John Tackett, Ashley Hagi and Devin Scullion is to look at little, wizened old folks. They're bald with prominent veins, beaked noses and swollen joints. They clock in at a mere 15-22 pounds, and none of them break three feet in height. However at 14, 12 and 6 years old, the three are actually still children. They suffer from a rare disorder called Progeria. This film is an intimate portrait of these three and their families. What kind of life is left when the future is taken away?



Measuring Up

Genre Health & Medicine
Running Time 1 x 30 mins
Year of Production 2002

Synopsis A test for Down's syndrome has been around for almost 40 years, presenting parents with a choice to knowingly have a child with Down's syndrome, or to terminate the pregnancy. The more we learn about our genetic makeup – the human genome - the more choices will confront us. How are we going to use that knowledge in a world where some notion of perfection is within our grasp and under our control?



Nature of Things: The Advance Material World

Genre Science & Technology
Running Time 1 x 60 mins
Year of Production 1994

Synopsis A look at some astounding technological innovations in the development of new and synthetic materials and their expanding use in industry, society and medicine.



Nature of Things: Allergies: Nothing To Sneeze At

Genre Science & Technology
Running Time 1 x 60 mins
Year of Production 1994

Synopsis Eight per cent of the world's population suffers from allergies and another twelve per cent have the potential to develop them. THE NATURE OF THINGS takes a detailed look at this condition which is a simple nuisance for most sufferers, but can be fatal to others.



Nature of Things: Biomimicry

Genre Wildlife & Natural History
Running Time 2 x 60 mins
Year of Production 2003

Synopsis BIOMIMICRY is a new science that studies nature's best ideas and then imitates these designs and processes to solve human problems. For example, studying a leaf to invent a better solar cell. By beginning to learn from nature biomimics are finding out that, in all her activities, nature creates conditions conducive to life. Biomimics have realized one very important and hopeful fact: we are surrounded by genius.



Nature of Things: Change of Heart

Genre Health & Medicine
Running Time 1 x 60 mins (HDTV)
Year of Production 2006

Synopsis CHANGE OF HEART delves into the challenging field of heart transplants. Through extraordinary access, the programme follows the dramatic and intimate stories of five heart patients, confined to the transplant ward at Toronto General Hospital. CHANGE OF HEART follows the dramatic and intimate stories of five patients and Dr. Ross becomes the conduit between their separate yet interconnecting narratives of struggle, courage and occasional victory against terrible odds.



Nature of Things: Clot Busters

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2005

Synopsis CLOT BUSTERS examines the advances, both medical and technological, to the treatment of stroke. Stroke is the fourth leading cause of death in North America, affecting 4.7 million people worldwide each year. One in five women will be affected by stroke-nearly double the number of cases for all forms of cancer. And although risk doubles every 10 years after the age of 55 for both sexes, almost 30 per cent of female stroke patients are under 65 years old.



Nature of Things: Intuition

Genre Science & Technology
Running Time 1 x 60 mins
Year of Production 2000

Synopsis Einstein believed that intuition is just the projection of subconscious memories onto an unknowable future. But Einstein may have been wrong. This fascinating programme investigates the historical, cultural and modern scientific approach to confirming the existence of our pre-cognitive abilities.



Nature of Things: Killed by Care

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2002

Synopsis "Do no harm" - it's the credo medicine has lived by for more than 2,000 years, but if the aim is not to harm, then why are thousands of patients dying every year as a result of medical error? Is it a case of incompetent doctors or is there something wrong with our system of medical care? That's the question patient safety experts have been asking for more than a decade. How do we prevent the errors from happening? How do we make medicine safe?



Nature of Things: Memory: Past Imperfect

Genre Science & Technology
Running Time 1 x 60 mins
Year of Production 1993

Synopsis A lively look at what memory is, the role it plays in our lives, why it sometimes efficiently stores and retrieves information while at other times is subject to distortion and misperception.



Nature of Things: Me, My Brain & I

Genre Science & Technology
Running Time 1 x 60 mins
Year of Production 2001

Synopsis Can doctors and scientists explain the highest level of human thought and behaviour? Can a region of the brain be identified as responsible for conscious thought and the “ME” inside everyone? This fascinating journey inside the human brain poses difficult questions for medical science.



Nature of Things: Playing with Poison

Genre Science & Technology
Running Time 1 x 60 mins
Year of Production 2001

Synopsis Follow the quest of American anthropologist Elizabeth Guillette who, while working in Mexico, became convinced that pesticides in the farming industry were likely causing significant neurological damage to children.



Nature of Things: Race Against Time

Genre Social Issues
Running Time 1 x 60 mins
Year of Production 2001

Synopsis It's an epidemic of staggering proportions. Thirty-six million people are infected with the HIV virus worldwide, with over 25 million of them in Africa. More than 21 million people have died of AIDS, nearly 17 million in Africa alone. This film is about the greatest challenge of the 21st century and the work of Canadian Stephen Lewis, the United Nations Special Envoy on HIV/AIDS in Africa.



Nature of Things: Recovering Krystal

Genre Social Issues
Running Time 1 x 60 mins
Year of Production 2003

Synopsis Krystal, a teenage drug addict and runaway is forced to undergo a radical drug addiction treatment programme. The Alberta Addiction Recovery Centre (AARC) is distinctly different from other drug rehabilitation programs. Its main focus is to treat the families of the abuser alongside the young addict.



Nature of Things: Selling Sickness

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2004

Synopsis This documentary explores the unhealthy relationships between society, medical science and the pharmaceutical industry as they promote their new miracle cures - selling not just drugs but also the latest diseases that go with them.

**SEX, LIES
 AND SECRECY**

Nature of Things: Sex, Lies and Secrecy

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2004

Synopsis This is an extraordinary modern day story of women being experimented on, mutilated and irrevocably changed. There are 3/4 of a million hysterectomies performed annually in North America. Most are unnecessary and leave in their wake cascading debilities. Nevertheless it is estimated that one out of every two women in North America will have had a hysterectomy by the age of 65. There are alternatives, but at a price not many hospitals can afford.



Nature of Things: Super Longevity

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2007

Synopsis Scientists are racing to answer one of humanity's chief questions: can we turn back the human clock? Hitch a ride on this controversial roller-coaster with charismatic gerontologist Michael Rose as he leads us to where the cutting-edge science in life extension is happening: biotechnology, genetic research, therapeutic cloning and stem-cell research-fields which have moved to the outer reaches of our widest imagination.



Nature of Things: Up Close & Toxic

Genre Health & Medicine
Running Time 1 x 60 mins
Year of Production 2002

Synopsis UP CLOSE AND TOXIC reveals that the great indoors is not as safe as we've been lulled into thinking. The study of indoor pollutants indicates that we are very much exposed to toxic agents in places where we would least expect them.



Nature of Things: Weighting The Options: Scoliosis Surgery

Genre Science & Technology
Running Time 1 x 60 mins
Year of Production 2004

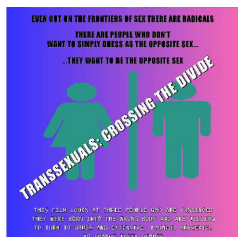
Synopsis A fascinating look at scoliosis, or curvature of the spine, in adults and adolescents and the heart-rending choices that have to be made in dealing with the risks and benefits of surgery.



The Naughty Bits

Genre Social Issues
Running Time 6 x 30 mins
Year of Production 2004

Synopsis THE NAUGHTY BITS is a sassy and irreverent new series that peeks at six parts of our bodies long considered to be the most sexy, erotic and alluring: the penis, vagina, breast, bum, eyes and lips. If you have ever wondered 'just how big is big', 'are the eyes truly the window on the soul' or 'why the vagina is so hard to talk about', then THE NAUGHTY BITS is for you.



Transsexuals: Crossing The Divide

Genre Documentary
Running Time 1 x 60 mins
Year of Production 2003

Synopsis Beyond straight, gay, and bi-sexuality – even beyond the auto-erotic world of the transvestite are the true radicals. People who don't want simply to dress up as the opposite sex; they want to be the opposite sex. They are transsexuals. People who feel they were born into the wrong body and are willing to turn to drugs and dramatic surgeries to change their gender. Join us on an intimate journey into the lives of three transsexuals. A journey that will not only answer the who, what and why but will also take us out onto the never-before documented frontier of gender technologies.



Ultra Kick

Genre Fitness/Popular Culture
Running Time 5 x 60 mins
Year of Production 1999

Synopsis Ultra Kick is pure adrenaline! Designed to help today's busy parents motivate their kids to be more active, it's non-stop martial arts action for kids. Cover karate basics and go step by step through warm-ups all the way to explosive power kick lessons. Ultra Kick covers the fastest, easiest ways to perform: flying kicks, capoeira kicks, spins, jumps, tornado kicks, formation 12, hurricane kicks, 360° reverse and more!



Virus Hunters

Genre Current Affairs
Running Time 1 x 60 mins
Year of Production 2007

Synopsis Few things on Earth are more frightening than viruses - the word itself means "poisonous slime." Virus Hunters follows the front line workers in the war on viruses, their triumphs and defeats, and the challenges they face with a potential global pandemic on the horizon. In the words of Nobel Laureate, Joshua Lederberg: "We live in evolutionary competition with them - there is no guarantee that we'll be the survivors."